

July 2026

June '26							August '26						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30
													31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30 Ab Dab	1 OLC Squad Training	2 Wrekin Squad Training	3 Wrekin Squad Training	4 Away trip	5 OLC No Training Away trip Llandudno meet
6	7 Ab Dab Squad Training	8 OLC Squad Training	9 Wrekin No Squad Training Summer Splash	10 Wrekin No Squad Training Summer Splash	11	12 OLC Squad Training
13	14 Ab Dab Squad Training	15 OLC Squad Training	16 Wrekin Squad Training	17 Wrekin Squad Training	18	19 OLC Squad Training
20	21 Ab Dab	22 OLC	23 Wrekin	24 Wrekin	25	26 OLC
SUMMER HOLIDAYS	Squad Training	Squad Training	Squad Training	Squad Training		No Squad Training
27	28 Ab Dab	29 OLC	30 Wrekin No Squad Training	31 Wrekin Squad Training	1	2 OLC
SUMMER HOLIDAYS	Squad Training	Squad Training				