

August 2026

July '26							September '26						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5		1	2	3	4	5	6
6	7	8	9	10	11	12	7	8	9	10	11	12	13
13	14	15	16	17	18	19	14	15	16	17	18	19	20
20	21	22	23	24	25	26	21	22	23	24	25	26	27
27	28	29	30	31			28	29	30				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2 OLC
						No Squad Training
3	4 Ab Dab	5 OLC	6 Wrekin	7 Wrekin	8	9 OLC
	Squad Training	Squad Training	Squad Training	Squad Training		No Squad Training
10	11 Ab Dab	12 OLC	13 Wrekin	14 Wrekin	15	16 OLC
	No Squad Training	No Squad Training	No Squad Training	No Squad Training		No Squad Training
17	18 Ab Dab	19 OLC	20 Wrekin	21 Wrekin	22	23 OLC
	No Squad Training	No Squad Training	No Squad Training	No Squad Training		No Squad Training
24	25 Ab Dab	26 OLC	27 Wrekin	28 Wrekin	29	30 OLC
				No Squad Training		No Squad Training
31	1 Ab Dab					
AUGUST BANK HOLIDAY	Squad Training Back to normal					