



Code of Conduct for swimmers

Document No 002 Rev 4

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Know who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming, diving, high diving, artistic swimming, water polo and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of our club or activity we expect you to:

Essentials

- 1 Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.
- 2 Make it to training on time
- 3 Make your coach or teacher aware if you have any difficulties attending training
- 4 Do not wander off or leave training or without telling your coach or teacher
- 5 Bring the right kit to training
- 6 Follow the rules of the club, squad or activity at all times
- 7 Think about what you are doing during training and if you have any problems discuss them with your coach at an appropriate time
- 8 If you have any problems with the behaviour of fellow club members let your coach, a committee member or your parents know at the time

Behaviour

9. Make our club and activity a fun, happy, friendly and welcoming place to be
10. Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability
11. Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club



12. Do not use any device to take photographs or footage of others in the changing rooms or cubicles or poolside.
13. Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside
14. Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness
15. Treat other children with respect and appreciate that everyone has a different level of skill or talent.
16. Support and encourage your teammates, tell them when they've done well and be there for them when they are struggling.
17. Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
18. Represent the club positively at all times including on social media
19. Get involved in club decisions, it's your sport too.

Changing rooms

20. Behave in a responsible and well behaved manner in the shower areas and the changing rooms and change as quickly as possible
21. Respect the privacy of others in the changing rooms
22. Respect the property of other swimmers, the facilities and equipment provided.
23. Be respectful and considerate of all leisure centre users at training venues, galas and open meets.
24. Consider the health and safety of others and ensure that bags and belongings are safely stored
25. Obey any instructions from changing room staff, who will also help if you have a problem.
26. Consider there may be much younger swimmers present in the changing rooms, so remember you are required not to use rude or abusive language.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

A verbal warning issued by the head coach or a welfare officer is generally the first stage. A verbal warning will be followed by a confirmation email from the Committee detailing the reasons for the warning. If breaches of the code of conduct continue, the following disciplinary action can be taken:

- Written warning and agreement to follow a behaviour contract.
- Temporary exclusion.
- Membership withdrawal.



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The Committee can, if required, withdraw the membership of a swimmer – a decision not taken lightly, but taken in the interests of the safety and well-being of the swimmers and club as a whole.

Where an initial incident is considered serious, the head coach or welfare officer may choose to bypass the stages of verbal or written warnings. In these cases, the incident may be referred to the Committee to consider and possibly implement a temporary exclusion or a permanent membership withdrawal. Any behaviour which may be a criminal offence will be reported to police by the club.

Signature of the child

Signature of parent/guardian

Date